



work•space•o•lo•gy™

noun.

The study of workspace design, form, and function.

work•space•o•l•o•g•y™ is used to improve employee **WELL-BEING** and **PRODUCTIVITY**. With multiple generations in the workforce, employees have diverse needs – and a customizable workspace offers the flexibility and personal choice that employees require to thrive. Enhancing your understanding of Workspaceology™ will give you the tools to optimize any workspace.

WORKSPACEOLOGY™ WILL TEACH YOU TO:



ASSESS



IDENTIFY



IMPROVE

— CRITICAL ELEMENTS OF YOUR WORKSPACE —

Workspaceology™ can be used to:

IMPROVE JOB SATISFACTION

INCREASE INNOVATION AND EFFICIENCY

ELIMINATE TENSION, DISCOMFORT, AND PAIN

ENHANCE OVERALL PHYSICAL HEALTH AND WELL-BEING

REDUCE FATIGUE AND IMPROVE “STAYING” POWER

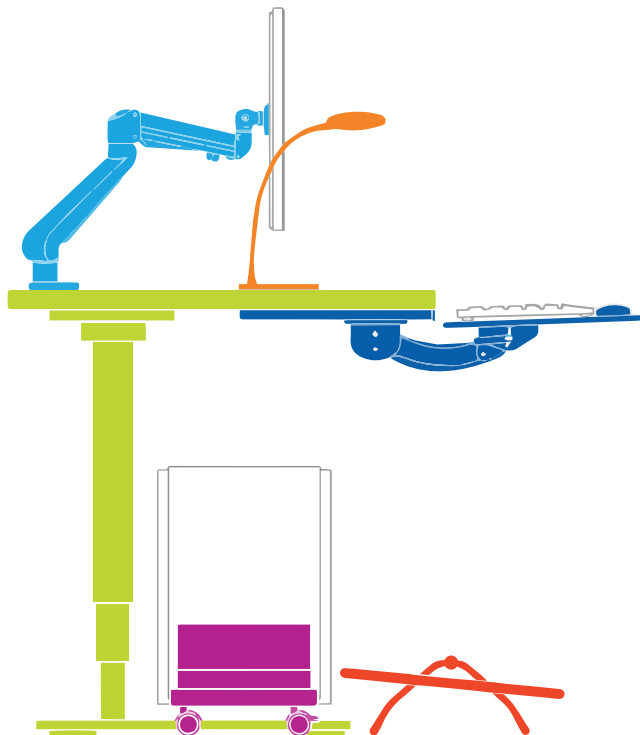


86% of organizations
believe well-being influences
engagement most or all of the time

People who report having
a high level of well-being
have a lower turnover rate by

35%

83% of executives
said improving employee
well-being is a top priority in 2015



FACTORS TO CONSIDER WHEN ASSESSING WORKING ENVIRONMENTS

Purpose of the workspace

Tasks performed in the workspace

Flexible, customizable work tools

Setting/size of individual workspace

Time spent sitting vs. standing

Natural/task lighting availability

Access to nature/outdoors

Aesthetics

Noise level

A recent national survey of Millennial workers identified the top three elements most important to personal well-being.



PROPER LIGHTING



ABILITY TO CONTROL NOISE
LEVEL



OPTION TO SIT AND STAND
WHILE WORKING

View the full article at: workspaceology.com

YOUR PRODUCTIVITY SCORE

The below factors can have an impact on your **PRODUCTIVITY** in the workplace. Evaluate your current workstation and rate the following on a scale of 1-5. Then, add your ratings to determine your **PRODUCTIVITY** score.

| RATING | | UNSATISFACTORY | | | | EXCEPTIONAL |
|--------------------------|---------------------------------|----------------|---|---|---|-------------|
| <input type="checkbox"/> | ACCESS TO MULTIPLE MONITORS | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | SUFFICIENT DESK SPACE | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ABILITY TO CONTROL DISTRACTIONS | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ABILITY TO CONTROL NOISE LEVEL | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ACCESS TO PRIVACY | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ABILITY TO SIT/STAND | 1 | 2 | 3 | 4 | 5 |
| <div>TOTAL</div> | | | | | | |

YOUR WELL-BEING SCORE

The below factors can have an impact on **WELL-BEING** in the workplace. Evaluate your current workstation and rate the following on a scale of 1-5. Then, add your ratings to determine your **WELL-BEING** score.

| RATING | | UNSATISFACTORY ————— EXCEPTIONAL | | | | |
|--|---------------------------|---|---|---|---|---|
| <input type="checkbox"/> | ACCESS TO NATURAL LIGHT | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ADJUSTABLE FURNITURE | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ABILITY TO ALLEVIATE PAIN | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ABILITY TO SIT/STAND | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | ACCESS TO OUTDOORS | 1 | 2 | 3 | 4 | 5 |
| <input type="checkbox"/> | DECOR | 1 | 2 | 3 | 4 | 5 |
| <div style="border: 1px solid black; padding: 10px; display: inline-block;"> TOTAL </div> | | <p>WHAT NOW? Turn the page to see how your productivity and well-being rate.</p> | | | | |

WHAT DOES YOUR

work•space•o•lo•gy™

SCORE MEAN?



Need help improving the effectiveness of your workspace?

Contact an ESI
Workspaceologist at
800.833.3746



workspaceology.com

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